



## U.S. ALLERGEN LIST



Menu Items	EGG	Seafood	MILK	NUTS	SOY	WHEAT	MSG	Gluten
<b>Burrito Bar:</b>								
Tortilla wrap					x	x		x
Corn Taco shell								
Tostada Bowl						x		
Taco Meat					x	x		x
Black beans								
Tofu Sofritas					x			
Seasoned Chicken								
Refried Beans								
Lime Mixed Rice								
sweet potato								
Fresh Tomato-onion								
Cole Slaw (MAYO)	x				x			
Vermont Gringo Chipolte			M	M	M			
Vermont Gringo BBQ			M	M	M			
Franks Buffalo sauce								
Teriyaki					x			
Ranch	x		x		x			
Guacamole								
Gluten Free Teriyaki					x			
Salsa								
kim chi								
jalapenos								
cheddar								
mozzarella								
onion - pepper								
X= indicates item contains the allergen								
M= indicates item MAY have been processed in a plant that also processes the allergen								